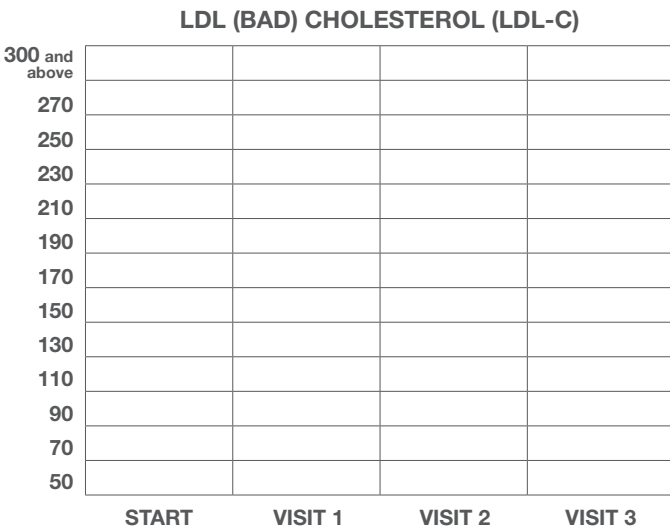
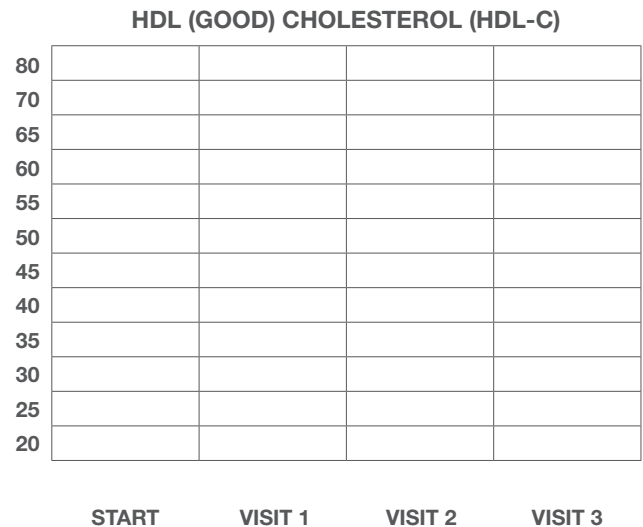


## TRACK YOUR PROGRESS

Your fasting lipid profile, also known as a cholesterol test, measures your LDL (bad) cholesterol, HDL (good) cholesterol, total cholesterol, and triglycerides. Graphing your progress will help you see where you are heading — and how well you’re managing your cholesterol. After each checkup, write your cholesterol numbers down in the columns labeled “Start,” “Visit 1,” etc. Once you’ve plotted your numbers, draw a line connecting the numbers from your previous test to those of your current one.



My recommended LDL (bad) cholesterol number is: \_\_\_\_\_



My recommended HDL (good) cholesterol number is: \_\_\_\_\_

**DON'T FORGET...**

You must fast (eat nothing and drink only water for 9 to 12 hours) prior to taking your fasting lipid profile in order for your results to be accurate. Make a note next to any numbers on your tracker that came from a test for which you did not fast.

### Important Safety Information about CRESTOR

In adults, CRESTOR is prescribed along with diet for lowering high cholesterol. CRESTOR is also prescribed along with diet to slow the progression of atherosclerosis (the buildup of plaque in arteries) as part of a treatment plan to lower cholesterol to goal. CRESTOR has not been approved to prevent heart disease, heart attacks, or strokes.

- CRESTOR is not right for everyone, including anyone who has previously had an allergic reaction to CRESTOR, anyone with liver problems, or women who are nursing, pregnant, or who may become pregnant
- Your doctor will do blood tests before and during treatment with CRESTOR to monitor your liver function
- Unexplained muscle pain and weakness could be a sign of a rare but serious side effect and should be reported to your doctor right away
- The 40-mg dose of CRESTOR is only for patients who do not reach goal on 20 mg
- Be sure to tell your doctor if you are taking any medications
- Side effects: The most common side effects are headache, muscle aches, abdominal pain, weakness, and nausea


Talk to your doctor about prescription CRESTOR.

[Read full Prescribing Information](#)

[Read Important Information for Patients](#)

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